

Afton Trail 25K Results

July 2, 2005

Afton Trail 25K Awards

Place	Name	Age	S	City	St	Time	Pace
1	Ken Cooper	33	M	Mpls	MN	1:42:43	6:37
2	Pascal Dalseth	33	M	Burnsville	MN	1:46:06	6:50
3	Graham Baird	29	M	Mpls	MN	1:48:12	6:59
4	Chris Brown	31	M	Alexandria	MN	1:48:21	6:59
5	Dale Reicheneder	39	M	Malibu	CA	1:52:35	7:15
6	Jim Kelley	44	M	Centuria	WI	1:52:46	7:16
7	Owen Baird	32	M	Waterville	MN	1:52:59	7:17
8	Tony Kocandu	32	M	Mpls	MN	1:55:01	7:25
9	Jay McElwain	33	M	Minneapolis	MN	1:55:01	7:25
10	Pat Staiger	37	M	Mpls	MN	1:55:47	7:28
11	Matt Haugen	48	M	St Paul	MN	1:56:13	7:29
12	Arth Gorr	47	M	Buffalo	MN	1:56:25	7:30
13	John Barker	48	M	St Paul	MN	1:57:28	7:34
14	Duke Rembleski	29	M	Richfield	MN	1:59:31	7:42
15	Ron Byland	47	M	Edina	MN	2:00:35	7:46
16	Timothy Larson	40	M	Rochester	MN	2:00:55	7:48
17	John Deisz	41	M	Cedar Falls	IA	2:02:01	7:52
18	Andy Schakel	31	M	Mpls	MN	2:02:08	7:52
19	Mark Ahlers-Moore	39	M	Roseville	MN	2:02:33	7:54
20	Scott Purrington	41	M	Stillwater	MN	2:03:21	7:57
21	Jesse Cox	27	M	Shakopee	MN	2:04:06	8:00
22	Tim Nelson	38	M	St Paul	MN	2:06:23	8:09
23	Jim McDonell	52	M	Woodbury	MN	2:07:52	8:15
24	Conor Smyth	38	M	Madison	WI	2:08:34	8:17
25	Kevin Burns	33	M	St Anthony	MN	2:08:41	8:18
26	David Hartman	33	M	Mpls	MN	2:09:09	8:19
27	Dan Tracy	27	M	Fargo	ND	2:10:05	8:23
28	Cynthia Brochman	40	F	Maplewood	MN	2:10:34	8:25
29	Mark Meicrotto	39	M	Hudson	WI	2:10:36	8:25
30	David Nagorney	55	M	Rochester	MN	2:10:47	8:26
31	Bruce Manske	49	M	Bemidji	MN	2:10:57	8:26
32	Brian Gagne	42	M	Hudson	WI	2:11:01	8:27
33	Aaron Doering	34	M	St Paul	MN	2:11:04	8:27
34	Sarah Barker	47	F	St Paul	MN	2:11:40	8:29
35	Bruce Smith	56	M	River Falls	WI	2:12:57	8:34
36	Brian Miller	34	M	Eden Prairie	MN	2:13:18	8:35
37	Luis Ramirez	27	M	St Paul	MN	2:14:14	8:39
38	Jeff Eggers	47	M	Northfield	MN	2:14:23	8:40
39	Paul Krueger	36	M	Shakopee	MN	2:14:39	8:41
40	Deb Thomford	47	F	Zumbrota	MN	2:14:45	8:41
41	Lloyd Zastrow	40	M	Oakdale	MN	2:15:17	8:43
42	Kim Martin	40	F	Medina	OH	2:16:00	8:46
43	Dan Murphy	53	M	Apple Valley	MN	2:16:02	8:46
44	Dennis Rosemark	39	M	St Paul	MN	2:16:07	8:46
45	Pascarella	51	M	Oscelola	WI	2:16:22	8:47
46	Ryan French	33	M	St. Paul	MN	2:16:44	8:49

47	Ed McMullen	38	M	Maple Grove	MN	2:17:43	8:53
48	Annie Jung	45	F			2:17:59	8:54
49	Michael Cavanaugh	37	M	St Louis Park	MN	2:19:02	8:58
50	Gordon Peterson	52	M	St Paul	MN	2:19:10	8:58
51	Scott Schwister	36	M	St Paul	MN	2:20:25	9:03
52	Karen Manske	49	F	Bemidji	MN	2:20:31	9:03
53	Howard Ogden	41	M	Loganville	WI	2:20:33	9:04
54	Steven Edling	43	M	Osceola	WI	2:21:06	9:06
55	Neil Soltis	51	M	Osceola	WI	2:21:39	9:08
56	Ed Coutu	57	M	Ft Mill	SC	2:22:13	9:10
57	Kari Brown	27	F	Alexandria	MN	2:22:24	9:11
58	John Kromminga	40	M	Johnston	IA	2:22:25	9:11
59	Jack Dickinson	24	M	St. Paul	MN	2:22:41	9:12
60	J. Morse	23	M	Bloomington	MN	2:22:49	9:12
61	David Deming	46	M	Afton	MN	2:22:53	9:13
62	Mark Zwolenski	46	M	Dundas	MN	2:23:02	9:13
63	Jeff Pasternak	36	M	Rochester	MN	2:23:15	9:14
64	Darrell Cox	50	M	Shakopee	MN	2:23:16	9:14
65	David Hegenbarth	32	M	Eagan	MN	2:23:18	9:14
66	Jason Waterman	37	M	Victoria	MN	2:23:30	9:15
67	Steve Meenan	45	M	Woodbury	MN	2:24:02	9:17
68	Scott Thorson	46	M	Northfield	MN	2:24:26	9:19
69	Don Martin	38	M	Stillwater	MN	2:24:37	9:19
70	Daniel Goldblatt	50	M	Edina	MN	2:25:04	9:21
71	Joseph Dickinson	54	M	Mpls	MN	2:25:14	9:22
72	Eric Paradis	40	M	St Paul	MN	2:25:15	9:22
73	Bob Hoad	29	M	Burnsville	MN	2:26:24	9:26
74	Erik Gabrielson	36	M	Edina	MN	2:26:30	9:26
75	Joel Button	37	M	Stillwater	MN	2:26:32	9:27
76	Paulette Odenthal	48	F	Prior Lake	MN	2:26:49	9:28
77	Bryan See	45	M	Eden Prairie	MN	2:27:15	9:29
78	Helen Lavin	38	F	Minneapolis	MN	2:27:25	9:30
79	Andrew May	22	M	Eagan	MN	2:27:51	9:32
80	Joelle Coutu	28	F	Robbinsdale	MN	2:27:53	9:32
81	Shawn Kelly	45	M	Fridley	MN	2:28:18	9:33
82	Molly McAvoy	32	F	St Paul	MN	2:28:20	9:34
83	Erika Nelson	39	F	St Paul	MN	2:28:25	9:34
84	Deb Fisher	47	F	Mpls	MN	2:29:39	9:39
85	Dorn Peddy	47	M	Crystal Lake	IL	2:29:41	9:39
86	Anna Giacomini	40	F	St Paul	MN	2:29:49	9:39
87	Benjamin Steiner	22	M	St Michael	MN	2:29:58	9:40
88	Steve Hagedorn	46	M	Duluth	MN	2:31:10	9:45
89	Wayne Preuhs	28	M	Eden Prairie	MN	2:31:20	9:45
90	John Myers	27	M	Minneapolis	MN	2:31:37	9:46
91	Kathy Siculan	48	F	Glenview	IL	2:31:40	9:46
92	Matthew Movern	23	M			2:31:54	9:47
93	Lee Thorson	46	M	Northfield	MN	2:32:27	9:49
94	Ross McLean	45	M	Woodbury	MN	2:33:20	9:53
95	Ann-Marie Kaul	42	F	Inver Grove Hei	MN	2:34:40	9:58
96	Mary Knutson	49	F	Lakeville	MN	2:35:46	10:02
97	David Medernach	46	M	Eagan	MN	2:36:15	10:04
98	Randy Lasota II	26	M	Mpls	MN	2:36:55	10:07
99	Jon Gutierrez	44	F	Stillwater	MN	2:38:32	10:13
100	Ron Loveland	42	M	Newport	MN	2:38:53	10:14
101	Keith Rudolf	53	M	Eagan	MN	2:39:59	10:19
102	Ted Davis	41	M	St Paul	MN	2:40:04	10:19
103	Kim Norberg	41	F	Chaska	MN	2:40:21	10:20

104	Jeff Oland	47	M	Eagan	MN	2:40:26	10:20
105	Steve Mays	36	M	Savage	MN	2:40:28	10:20
106	Larry Butcher	58	M	Hudson	WI	2:41:01	10:23
107	Mike Most	55	M	River Falls	WI	2:41:04	10:23
108	Hilary Pascarella	21	F	Osceola	WI	2:41:10	10:23
109	Greg Ayres	45	M	Eagan	MN	2:41:22	10:24
110	Shelly Wilson	37	F	River Falls	WI	2:41:20	10:24
111	Chuck Moses	53	M	New Brighton	MN	2:41:28	10:24
112	Laura Moses	23	F	New Brighton	MN	2:41:33	10:25
113	Penny Rosenfield	39	F	St Paul	MN	2:41:36	10:25
114	Steven Mahon	44	M	Stillwater	MN	2:41:44	10:25
115	Julie Allyn	35	F	Mpls	MN	2:41:46	10:25
116	Carleton Perry	40	M	Mpls	MN	2:42:50	10:30
117	Bob Musselman	55	M	Hartford	CT	2:42:56	10:30
118	Matt Pogodzinski	30	M	Rochester	MN	2:43:20	10:32
119	Jerry Edwards	56	M	Edina	MN	2:43:34	10:32
120	Lawrence Nemecek	39	M	Minnetrista	MN	2:43:48	10:33
121	Rick Kiefer	45	M	Minnetonka	MN	2:43:55	10:34
122	Tim Pagois	36	M	Eagan	MN	2:44:15	10:35
123	Vaughan Voller	51	M	Mpls	MN	2:44:53	10:38
124	Dave Demulling	59	M	Osceola	WI	2:45:38	10:40
125	Monica Schliep	41	F	St Paul	MN	2:46:10	10:42
126	David Strei	35	M	Waconia	MN	2:46:24	10:43
127	Brian Ferguson	36	M	Hudson	WI	2:47:15	10:47
128	Brenda Kerbaugh	48	F	Fargo	ND	2:47:21	10:47
129	Johan Booyse	39	M	Roberts	WI	2:47:59	10:49
130	Paul Perinchef	42	M	Duluth	MN	2:48:09	10:50
131	Callie Knoblauch	35	F	St Louis Park	MN	2:48:46	10:53
132	Kevin Ivens	45	M	Champlin	MN	2:49:22	10:55
133	Liz Stejskal	49	F	No St Paul	MN	2:50:12	10:58
134	Scott Tomek	40	M	Stillwater	MN	2:51:30	11:03
135	Elliott Lesser	25	M	Lakeville	MN	2:51:56	11:05
136	Charlotte Kinzley	28	F	Eagan	MN	2:52:00	11:05
137	Theresa Moore	24	F	Eagan	MN	2:52:07	11:05
138	Meghann Schmidt	26	F	Mpls	MN	2:52:09	11:06
139	Torry Moore	34	M	Winona	MN	2:52:42	11:08
140	David Olson	50	M	Bloomington	MN	2:52:49	11:08
141	Cheri Storkamp	32	F	Hastings	MN	2:52:56	11:09
142	Dawn Colton	41	F	Shakopee	MN	2:53:02	11:09
143	Brandi Moore	27	F	Winona	MN	2:53:27	11:11
144	Joern Siepmann	41	M	Hastings	MN	2:54:07	11:13
145	Gary McGowan	50	M	Forest Park	IL	2:55:12	11:17
146	Gretchen Meents	29	F	So St Paul	MN	2:55:18	11:18
147	Susan Tollefson	20	F	St Cloud	MN	2:55:38	11:19
148	Lynn Galston	19	F	North Freedom	WI	2:55:47	11:20
149	Karen Freer	45	F	Inver Grove Hei	MN	2:56:10	11:21
150	Camilla Horne	49	F	St Paul	MN	2:56:28	11:22
151	Erin Willis	39	F	Woodbury	MN	2:56:31	11:22
152	Ellen Halvorson	39	F	Buffalo	MN	2:56:36	11:23
153	Mark Westermeier		M			2:56:37	11:23
154	Vicki Vandersloot	47	F	Minneapolis	MN	2:56:42	11:23
155	Jayne Hogan	40	F	Mpls	MN	2:56:45	11:23
156	Ami Voeltz	31	F	Mpls	MN	2:57:23	11:26
157	Christine Markham	52	F	Lakeville	MN	2:57:33	11:26
158	Bonnie Gibson	56	F	So St Paul	MN	2:58:01	11:28
159	Lance Poole	24	M	Shakopee	MN	2:58:37	11:31
160	Jeff Shields	54	M	Edina	MN	2:59:25	11:34

161	Albert Fontaine	50	M	Madison	WI	3:00:15	11:37
162	Tamara Koehler	45	F	Savage	MN	3:00:22	11:37
163	Mark Freer	50	M	Inver Grove Hei	MN	3:00:49	11:39
164	Dan Hylton	34	M	Mpls	MN	3:01:46	11:43
165	James Walker	48	M	Eagan	MN	3:01:51	11:43
166	Jackie Boucher	40	F	Mpls	MN	3:02:35	11:46
167	Patrick Ellis	57	M	Mpls	MN	3:02:43	11:46
168	Wildes	24	M	Bloomington	MN	3:03:26	11:49
169	Robert Birdwell	39	M	Eden Prairie	MN	3:04:18	11:53
170	Bree Rankin	28	F	Plymouth	MN	3:04:24	11:53
171	John Leonard	54	M	Maplewood	MN	3:05:26	11:57
172	Steve Sando	63	M	Edina	MN	3:05:26	11:57
173	Martin Aschenbrener	43	M	Minnetonka	MN	3:05:33	11:57
174	Carolyn Schlaefer	40	F	Lakeville	MN	3:05:42	11:58
175	Lynn Gannon	40	F	St Paul	MN	3:05:54	11:59
176	Emily Jensen	28	F	Ames	IA	3:06:01	11:59
177	Kevin Jensen	33	M	Ames	IA	3:06:21	12:00
178	Jeremy Krentz	25	M	Bloomington	MN	3:06:22	12:01
179	Marc Bracken	51	M	Crystal Lake	IL	3:06:58	12:03
180	Susan Skelton	40	F	Mpls	MN	3:07:05	12:03
181	Tanya Villano	37	F	St Louis Park	MN	3:07:17	12:04
182	Eileen Moran	40	F	Mpls	MN	3:07:57	12:07
183	Andrea Miller	37	F	Mpls	MN	3:08:32	12:09
184	Kate Singer	46	F	Prior Lake	MN	3:09:42	12:13
185	Tim Mehl	61	M	Moorhead	MN	3:10:36	12:17
186	Gene Taylor	58	M	Madison	WI	3:10:58	12:18
187	Paul Peterson	25	M	Mpls	MN	3:11:23	12:20
188	Monica Surber	44	F	Mpls	MN	3:13:36	12:28
189	Christopher Griggs	57	M	Mpls	MN	3:14:56	12:34
190	Kristin Tabor	51	F	Edina	MN	3:15:34	12:36
191	Deb Greenwaldt	38	F	Inver Grove Hei	MN	3:16:02	12:38
192	Michael Zdychnee	48	M	Maple Grove	MN	3:16:05	12:38
193	Diane Lang	43	F	Burnsville	MN	3:17:27	12:43
194	Jeanne Labore	54	F	Mpls	MN	3:18:35	12:48
195	Barbara Matthees	52	F	Moorhead	MN	3:18:44	12:48
196	Shelley Gonzales	20	F	Duluth	MN	3:20:32	12:55
197	Jennie Geisler	42	F	Newport	MN	3:21:22	12:58
198	Christina Jacobson	30	F	Minneapolis	MN	3:23:21	13:06
199	Stephanie Byland	32	F	Edina	MN	3:23:23	13:06
200	Pam Mund	57	F	Maplewood	MN	3:23:23	13:06
201	Karissa Martin	13	F	Medina	OH	3:27:53	13:24
202	Kyle Martin	7	M	Medina	OH	3:28:58	13:28
203	Daniel Bigelow	34	M	Brooklyn Park	MN	3:29:22	13:29
204	Jayne Bidon	36	F	Oak Park Height	MN	3:29:22	13:29
205	Jeff Daly	45	M	Lakeville	MN	3:29:23	13:29
206	Al Salinas	50	M	Houston	TX	3:29:23	13:29
207	Don Berdan	59	M	Eden Prairie	MN	3:30:21	13:33
208	Larry Teeter	45	M	Houston	TX	3:31:58	13:39
209	Kent Spellman	53	M	Albert Lea	MN	3:35:38	13:54
210	Bob Metzger	54	M	Lakeville	MN	3:35:42	13:54
211	Eric Schlais	30	M	Maple Grove	MN	3:38:06	14:03
212	Tonia Stoffregen	34	F	Mpls	MN	3:40:58	14:14
213	Diane Zeiss	54	F	Minnetonka	MN	3:46:24	14:35
214	Joan Stickney	51	F	Orono	MN	3:46:47	14:37
215	Judy Oliverius	41	F	St Michael	MN	3:47:00	14:38
216	Carla Purscell	40	F	Richfield	MN	3:52:28	14:59
217	Audrey Schroeder	65	F	Roseville	MN	3:52:38	14:59

218	Patricia Wolkoff	65	F	Hudson	WI	3:52:39	14:59
219	Valerie Raverty	28	F	Rochester	MN	3:52:47	15:00
220	Leslie Beckman	56	F	Inver Grove Hei	MN	3:56:04	15:13
221	Beth Jarandson	32	F	Detroit Lakes	MN	3:56:12	15:13
222	Kevin Martin	41	M	Medina	OH	3:57:20	15:17
223	Lisa Millam	45	F	Coon Rapids	MN	3:57:48	15:19
224	Angela Luther	46	F	St Louis Park	MN	4:01:41	15:34
225	Sharon Misgen	42	F	Scandia	MN	4:02:13	15:36
226	Amanda Martin	28	F	Woodbury	MN	4:05:41	15:50
227	Angela McLean	45	F	Woodbury	MN	4:06:03	15:51
228	Pam Albin	48	F	Maplewood	MN	4:06:29	15:53
229	Leigh Labarreare	34	F	Madison	WI	4:08:43	16:01
230	Maryanne Grunseth	15	F	Afton	MN	4:08:51	16:02
231	Stacy Daniels	48	F	St Paul	MN	4:11:26	16:12
232	Loren Albin	53	M	Maplewood	MN	4:11:26	16:12
233	Tammie Key	45	F	Rockford	IL	4:13:09	16:19
234	Kathleen O'Reilly	37	F	Maplewood	MN	4:13:17	16:19