



Afton Trail Run - 25K Results - July 1, 2006

Place	Name	Age	S	City	St	Time	Pace
1	Dave Duede	27	M	Richfield	MN	1:52:29	7:15
2	Graham Baird	30	M	Mpls	MN	1:53:05	7:17
3	Owen Baird	33	M	Brainerd	MN	1:53:30	7:19
4	Erik Lindstrom	39	M	Mpls	MN	1:54:31	7:23
5	**** Disqualified Runner ****						
6	Matt Haugen	49	M	St Paul	MN	1:56:30	7:31
7	Steve Hagedorn	47	M	Duluth	MN	1:57:38	7:35
8	Douglas Hegley	44	M	New York	NY	2:00:19	7:45
9	Mark Olson	32	M	Park City	UT	2:01:17	7:49
10	Chad Halsten	32	M	Colorado Spri.	CO	2:02:19	7:53
11	Joe Ziegenfuss	31	M	Minnetonka	MN	2:02:23	7:53
12	Evan Roberts	31	M	Mpls	MN	2:05:11	8:04
13	Michael Groneberg	30	M	Minneapolis	MN	2:05:15	8:04
14	Erica Schramm	28	F	Las Vegas	NV	2:05:28	8:05
15	Lars Roe	27	M	Mpls	MN	2:05:46	8:06
16	Mark Ahlers-Moore	40	M	Roseville	MN	2:06:25	8:09
17	Lance Brock	28	M	Burnsville	MN	2:08:20	8:16
18	Arth Gorr	48	M	Buffalo	MN	2:08:33	8:17
19	Denny Jordan	54	M	Golden Valley	MN	2:09:25	8:20
20	Tim Nelson	39	M	St Paul	MN	2:09:56	8:22
21	David Nagorney	56	M	Rochester	MN	2:10:55	8:26
22	David Jorgensen	17	M	Woodbury	MN	2:11:07	8:27
23	Monika Schnnee	33	F	New York	NY	2:11:09	8:27
24	Chris Smith	45	M	St Paul	MN	2:13:19	8:36
25	John Barker	49	M	St Paul	MN	2:13:25	8:36
26	Maros Cunderlik	34	M	New Brighton	MN	2:13:53	8:38
27	Karen Manske	50	F	Bemidji	MN	2:14:02	8:38
28	Sean Faulk	33	M	Waconia	MN	2:14:21	8:40
29	Tim Tozer	36	M	Mpls	MN	2:15:06	8:42
30	Bruce Manske	50	M	Bemidji	MN	2:15:36	8:44
31	Brian Wean	24	M	St. Paul	MN	2:15:43	8:45
32	Sean McCaffrey	35	M	Woodbury	MN	2:16:28	8:48
33	Bob Triplett	42	M	Shakopee	MN	2:16:43	8:49
34	Deb Thomford	48	F	Zumbrota	MN	2:16:55	8:49
35	Phil Paiement	17	M	Lakeland	MN	2:18:29	8:56
36	Ron Byland	48	M	Edina	MN	2:19:39	9:00
37	John Teske	33	M	Edina	MN	2:20:01	9:01
38	Simon Schaefer	33	M	Sauk Rapids	MN	2:20:05	9:02
39	Matt O'Toole	37	M	St Paul	MN	2:20:24	9:03
40	Brett Otteson	27	M	St Paul	MN	2:20:31	9:03
41	Jeff Eggers	48	M	Northfield	MN	2:20:58	9:05
42	Michelle Guider	32	F	St Paul	MN	2:21:30	9:07

43	Richard Chin	46	M	St. Paul	MN	2:22:16	9:10
44	Nathaniel Tollefson	39	M	Minneapolis	MN	2:22:26	9:11
45	Terry Schluessler	51	M	Hastings	MN	2:22:26	9:11
46	Julie McMonagle	39	F	Eagan	MN	2:22:48	9:12
47	Maegan Harris	27	F	Maplewood	MN	2:22:28	9:11
48	Hellen Lavin	29	F	Minneapolis	MN	2:23:06	9:13
49	Brian Cloherty	46	M	Northfield	MN	2:23:32	9:15
50	Tasha Clearman	22	F	Anoka	MN	2:23:56	9:17
51	John Kimberly	57	M	Stillwater	MN	2:24:24	9:18
52	Warren Winkelman	45	M	Northfield	MN	2:24:35	9:19
53	Scott Schwister	37	M	St. Paul	MN	2:25:49	9:24
54	Ben Zhao	52	M	Edina	MN	2:26:39	9:27
55	Darrin Johnson	39	M	Evansville	IN	2:26:48	9:28
56	Michael Colaizy	56	M	Osceola	MN	2:27:26	9:30
57	Cynthia Brochman	41	F	Maplewood	MN	2:27:38	9:31
58	Curt Johnston	46	M	Northfield	MN	2:28:06	9:33
59	Sarah Barker	48	F	St Paul	MN	2:28:59	9:36
60	Lonnie Nichols	42	M	Minneapolis	MN	2:29:34	9:38
61	Joe Dickinson	55	M	Mpls	MN	2:30:16	9:41
62	Geoffrey Sylvester	53	M	St Paul	MN	2:30:45	9:43
63	Sam Rush	27	M	St. Louis Park	MN	2:30:54	9:43
64	Erika Nelson	40	F	St Paul	MN	2:31:14	9:45
65	Monica Hoban	42	F	West St Paul	MN	2:31:15	9:45
66	Jon Corwin	31	M	Hastings	MN	2:31:21	9:45
67	Ed McMullen	39	M	Maple Grove	MN	2:32:06	9:48
68	Paul Perinchef	43	M	Duluth	MN	2:32:22	9:49
69	Emily Stern	35	F	Mpls	MN	2:32:42	9:50
70	David Harm	28	M	St. Paul	MN	2:32:44	9:51
71	David Deming	46	M	Afton	MN	2:33:33	9:54
72	Don Ertl	38	M	St Paul	MN	2:33:52	9:55
73	Jacob Hackl	29	M	St Paul	MN	2:34:07	9:56
74	Kathleen Fischer	28	F	Remer	MN	2:34:13	9:56
75	Nick Gignac	39	M	Eau Claire	MN	2:34:22	9:57
76	Jim Sutcliffe	38	M	Hopkins	MN	2:34:26	9:57
77	Paulette Odenthal	49	F	Prior Lake	MN	2:34:29	9:57
78	Wayne Preuhs	29	M	Eden Prairie	MN	2:34:31	9:57
79	Dave Demulling	60	M	Osceola	WI	2:34:44	9:58
80	Robert Lyng	47	M	Burnsville	MN	2:35:15	10:00
81	Julia Lyng	39	F	Burnsville	MN	2:35:16	10:00
82	Bob Hoad	30	M	Savage	MN	2:35:33	10:01
83	Jessica Coulter	24	F	Mpls	MN	2:35:42	10:02
84	Jennifer Lenarz	31	F	Apple Valley	MN	2:36:12	10:04
85	Jim McDonell	53	M	Woodbury	MN	2:36:24	10:05
86	Bob Guzek	33	M	Sauk Rapids	MN	2:36:33	10:05
87	Moira Petit	35	F	St Paul	MN	2:36:48	10:06
88	Theresa Spindler	38	F	Red Wing	MN	2:37:00	10:07
89	Vicky Ebensperger	37	F	Menomonie	WI	2:37:06	10:07
90	Ross McLean	46	M	Woodbury	MN	2:37:06	10:07
91	Katy Fraser	28	F	Mpls	MN	2:37:27	10:09
92	Gay Eggers	47	F	Northfield	MN	2:38:00	10:11
93	Justin London	47	M	Northfield	MN	2:38:16	10:12
94	Callie Knoblauch	36	F	St Louis Park	MN	2:39:09	10:15

95	Kami Holtz	34	F	Monticello	MN	2:39:49	10:18
96	Kim Norberg	42	F	Chaska	MN	2:39:50	10:18
97	Anna Giacomini	41	F	St Paul	MN	2:40:43	10:21
98	Bruce Lemmons	40	M	Minneapolis	MN	2:41:32	10:25
99	Tim McAtee	54	M	Rochester	MN	2:42:04	10:27
100	Bruce Anderson	48	M	St Paul	MN	2:42:43	10:29
101	Joel Button	38	M	Stillwater	MN	2:43:14	10:31
102	Bryan See	46	M	Eden Prairie	MN	2:43:16	10:31
103	David Suhr	46	M	Eden Prairie	MN	2:43:28	10:32
104	Howard Ogden	42	M	Loganville	IL	2:44:35	10:36
105	Anne Marie Kaul	43	F	Inver Grove H.	MN	2:45:44	10:41
106	Larry Butcher	59	M	Hudson	WI	2:45:48	10:41
107	Matthew Bower	32	M	St Paul	MN	2:46:14	10:43
108	Ann Stein	41	F	St Paul	MN	2:46:18	10:43
109	Pete Cuadrado	29	M	Fargo	MN	2:46:40	10:44
110	Heather Norton-Bowe	33	F	St Paul	MN	2:46:50	10:45
111	Neal Dawson	37	M	Rosemount	MN	2:46:59	10:46
112	Mike Feltault	46	M	Edina	MN	2:47:13	10:47
113	Bruce Carnahan	51	M	Minnetonka	MN	2:47:28	10:48
114	Tamara Koehler	46	F	Savage	MN	2:48:24	10:51
115	Dan Goldblatt	51	M	Edina	MN	2:48:44	10:52
116	Jeffrey Selness	47	M	Medicine Lake	MN	2:49:09	10:54
117	Pete Peter	48	M	Chanhassen	MN	2:49:14	10:54
118	William Geberth	36	M	Minneapolis	MN	2:49:25	10:55
119	David Hegenbarth	33	M	Eagan	MN	2:49:57	10:57
120	Jake Vernon	37	F	Knoxville	IA	2:50:34	10:59
121	Tom Flaherty	43	M	St Louis Park	MN	2:50:40	11:00
122	Jon Morse	24	M	Bloomington	MN	2:50:55	11:01
123	Jerry Edwards	57	M	Edina	MN	2:51:30	11:03
124	Nancy Marquette	48	F	Rochester	MN	2:51:47	11:04
125	John Stewart	43	M	Shakopee	MN	2:52:01	11:05
126	Joe Lutz	58	M	Minnetonka	MN	2:53:06	11:09
127	Zachary MacLean	20	M	Bloomington	MN	2:53:10	11:10
128	Lexie Devries	44	F	Minnetonka	MN	2:53:57	11:13
129	Christian Longfello	34	M	Mpls	MN	2:54:10	11:13
130	Joe Fjerstad	53	M	Maple Grove	MN	2:54:11	11:13
131	Leah Tollefson	18	F	Cottage Grove	MN	2:54:25	11:14
132	Sam Lucido	47	M	Burnsville	MN	2:54:38	11:15
133	Karl Benson	41	M	St Paul	MN	2:55:36	11:19
134	Jon Wall	48	M	Fox Point	WI	2:55:49	11:20
135	Ben Gumz	32	M	Eau Claire	MN	2:55:53	11:20
136	Sara Cherne	57	F	Duluth	MN	2:56:15	11:21
137	Tony Chasensuy	47	M	St. Paul	MN	2:56:16	11:21
138	J. Mike Millonig	51	M	Prior Lake	MN	2:56:19	11:22
139	Erin Willis	40	F	Woodbury	MN	2:56:32	11:23
140	Ellen Halvorson	40	F	Buffalo	MN	2:56:32	11:23
141	Ted Davis	42	M	St. Paul	MN	2:56:54	11:24
142	Denise Rahne	37	F	St Paul	MN	2:56:55	11:24
143	Tom Lundquist	33	M	Mound	MN	2:57:48	11:27
144	Mary Knutson	50	F	Lakeville	MN	2:58:01	11:28
145	Daniel Wm Voje	56	M	Mpls	MN	2:58:15	11:29
146	Jim Simonet	57	M	River Falls	WI	2:58:29	11:30

147	Jeanene Von Wald	41	F	Lino Lakes	MN	2:58:31	11:30
148	Rian Von Wald	41	M	Lino Lakes	MN	2:58:31	11:30
149	Chris Lauer	34	M	Stillwater	MN	2:58:36	11:31
150	Kathleen Schmitt	59	F	West St Paul	MN	2:59:14	11:33
151	Michael Anderson	46	M	Eden Prairie	MN	2:59:25	11:34
152	Phillip Bidon	39	M	Oak Park Hgts	MN	2:59:40	11:35
153	Bruce Ellington	59	M	Eagan	MN	3:00:58	11:40
154	Marguerite Oneto	37	F	St. Louis Park	MN	3:00:59	11:40
155	Michael Lauer	36	M	Minneapolis	MN	3:01:11	11:40
156	Libby Sharrow	26	F	Minneapolis	MN	3:02:13	11:44
157	Kirsten Nielsen	34	F	Mpls	MN	3:02:35	11:46
158	Sam Wildes	25	M	Bloomington	MN	3:02:53	11:47
159	Dave Swanson	40	M	Woodbury	MN	3:03:01	11:48
160	Amy Pellock	43	F	Prairie du Ch.	WI	3:03:12	11:48
161	Meghann Schmidt	27	F	St Paul	MN	3:05:37	11:58
162	Stephen Corner	44	M	Rochester	MN	3:06:18	12:00
163	Chris Mattila	39	M	Duluth	MN	3:06:45	12:02
164	Doug Norman	43	M	Brookfield	WI	3:07:23	12:04
165	Ilene Carpenter	44	F	Maplewood	MN	3:08:56	12:10
166	Carolyn Jud	37	F	St Louis Park	MN	3:09:04	12:11
167	Michael Basques	49	M	St Paul	MN	3:09:20	12:12
168	Jenny Swenson	28	F	Fargo	ND	3:09:20	12:12
169	Andrew Wainwright	36	M	St. Paul	MN	3:09:22	12:12
170	Jeff Oland	48	M	Nya	MN	3:09:33	12:13
171	Cheri Storkamp	32	F	Hastings	MN	3:10:53	12:18
172	Denese Lenertz	47	F	Lakeland	MN	3:11:19	12:20
173	Steve Mahon	44	M	Stillwater	MN	3:11:55	12:22
174	Ann Albertson	45	F	Deephaven	MN	3:11:57	12:22
175	Carolyn Schlaefer	41	F	Lakeville	MN	3:12:31	12:24
176	Patrick Ellis	50	M	Mpls	MN	3:12:35	12:25
177	Joe Keiser	66	M	Cottage Grove	MN	3:14:03	12:30
178	Richard Hillard	54	M	Northfield	MN	3:15:00	12:34
179	Larry Myers	65	M	Plymouth	MN	3:15:15	12:35
180	Pete Anderson	39	M	Mound	MN	3:16:00	12:38
181	Bradley Bridges	39	M	Rochester	MN	3:17:34	12:44
182	Leonard Hoots	50	M	Altoona	IA	3:17:40	12:44
183	Laurie Sugiarto	39	F	Mpls	MN	3:17:43	12:44
184	Lawrence Nemecek	39	M	Minnetrista	MN	3:18:01	12:46
185	Kristin Dybdal	34	F	Minneapolis	MN	3:18:25	12:47
186	Monica Surber	45	F	Mpls	MN	3:18:33	12:48
187	Kate Singer	47	F	Prior Lake	MN	3:19:01	12:49
188	Jennie Geisler	43	F	Newport	MN	3:21:20	12:58
189	Kent Spellman	54	M	Albert Lea	MN	3:21:30	12:59
190	Seth Poynter	31	M	Stillwater	MN	3:22:06	13:01
191	Kelsey Ryan	12	F	Lindstrom	MN	3:22:08	13:01
192	Julie Ryan	39	F	Lindstrom	MN	3:22:08	13:01
193	Cynthia Carlson-Pae	38	F	Chisago City	MN	3:22:10	13:02
194	Katie Knoblauch	--	F	Minneapolis	MN	3:22:34	13:03
195	Jeff Zimmerman	37	M	Maple Grove	MN	3:22:34	13:03
196	Gene Taylor	59	M	Madison	WI	3:23:46	13:08
197	Laura Clark-Taylor	49	F	Madison	WI	3:23:46	13:08
198	Heidi Helling	26	F	Stillwater	MN	3:23:50	13:08

199	Barb Zeches	52	F	Eagan	MN	3:25:10	13:13
200	Stephanie Byland	33	F	Edina	MN	3:25:27	13:14
201	Heidi Stiemsma	32	F	Mpls	MN	3:25:28	13:14
202	Amy O'Loughlin	31	F	St Paul	MN	3:25:30	13:14
203	Nicolas Niederlande	29	M	Rochester	MN	3:27:05	13:21
204	Wally Goettl	60	M	Stillwater	MN	3:29:25	13:30
205	Scott Tomek	41	M	Stillwater	MN	3:31:18	13:37
206	Jeff Shields	55	M	Edina	MN	3:33:28	13:45
207	Jeanne LaBore	55	F	Mpls	MN	3:33:42	13:46
208	James Walker	49	M	Eagan	MN	3:33:47	13:46
209	Gretchen Meents	30	F	So St Paul	MN	3:33:56	13:47
210	Heather Schwartz	34	F	Minneapolis	MN	3:33:57	13:47
211	Karen Sylvester	45	F	Lake City	MN	3:35:01	13:51
212	Phillip Smith	58	M	Edina	MN	3:37:02	13:59
213	Carson Galloway	15	M	Des Moines	IA	3:37:49	14:02
214	Sue Simonet	57	F	River Falls	MN	3:40:37	14:13
215	Albert Fountain	51	M	Madison	WI	3:44:34	14:28
216	Steve Breeding	57		NA		3:45:32	14:32
217	Carl Gammon	51	M	Eden Prairie	MN	3:46:43	14:36
218	Joette Nuyen	46	F	St Paul	MN	3:46:48	14:37
219	Deana Krieger	31	F	Hutchinson	MN	3:47:49	14:41
220	Tonia Weber	35	F	Mpls	MN	3:48:09	14:42
221	Paula West	35	F	River Falls	WI	3:48:10	14:42
222	Kate Havelin	45	F	St Paul	MN	3:50:19	14:50
223	Bill Parker	38	M	Hastings	MN	3:51:55	14:57
224	Diane Lang	44	F	Burnsville	MN	3:57:08	15:17
225	Janelle Jurek	41	F	Edina	MN	3:57:31	15:18
226	Valerie Raverty	30	F	Rochester	MN	3:58:09	15:21
227	Marilyn Stimac	58	F	Eden Prairie	MN	3:59:36	15:26
228	Nancy Berdan	57	F	Eden Prairie	MN	3:59:37	15:26
229	Cheri Moline	53	F	River Falls	WI	3:59:37	15:26
230	Nancy Johnson-Malon	48	F	Prior Lake	MN	4:01:11	15:32
231	Pat Cruikshank	62	M	St Paul	MN	4:07:23	15:56
232	Geri S. Martin	43	F	Edina	MN	4:08:22	16:00
233	Patricia Wolkoff	66	F	Hudson	WI	4:08:26	16:00
234	Kurt Nygren	52	M	Shoreview	MN	4:12:48	16:17
235	Joseph Galloway	49	M	Des Moines	IA	4:13:56	16:22
236	Christine Schultz	38	F	Mpls	MN	4:14:36	16:24
237	Kathleen Sapp	45	F	Mpls	MN	4:14:37	16:24
238	Mary Adkins	46	F	Grand Forks	ND	4:25:59	17:08
239	Jessica Olson	17	F	Belle Plaine	MN	4:27:46	17:15
240	Brian Olson	41	M	Belle Plaine	MN	4:28:32	17:18
241	Leslie Beckman	57	F	Inver Grove	MN	4:29:27	17:22
242	Ernie Schroeder	66	M	Roseville	MN	4:29:29	17:22
243	Raymond Scharenbroc	72	M	So Milwaukee	WI	4:42:01	18:10
244	Pamela Albin	49	F	Maplewood	MN	4:57:22	19:09
245	Loren Albin	54	M	Maplewood	MN	4:57:22	19:09