



## Afton Trail Run - 25K Results - July 5, 2008

Place	Name	Age	S	City	St	Time	Pace
1	Ed Whetham	31	M	St. Paul	MN	1:38:36	6:21
2	John Staton-Geddes	26	M	St. Paul	MN	1:43:33	6:41
3	Jason Finch	31	M	River Falls	WI	1:43:36	6:41
4	Pascal Dalseth	36	M	Apple Valley	MN	1:45:38	6:49
5	James Sorenson	25	M	Hastings	MN	1:50:10	7:06
6	Nick Eugster	32	M	Minneapolis	MN	1:50:53	7:09
7	David Meberg	29	M	Maple Grove	MN	1:55:00	7:25
8	Brad Moening	39	M	St. Paul	MN	1:55:37	7:27
9	Kyle Economy	16	M	Victoria	MN	1:56:15	7:30
10	Kevin Burns	36	M	St. Anthony	MN	1:56:49	7:32
11	Matt Haugen	51	M	St. Paul	MN	1:57:25	7:34
12	Jessop Keene	16	M	Ellsworth	WI	1:58:51	7:40
13	Andy Holak	40	M	Duluth	MN	1:58:59	7:40
14	Robert Economy	44	M	Victoria	MN	2:00:02	7:44
15	Jack Toepfer	45	M	Chicago	IL	2:00:23	7:46
16	Dan Moline	42	M	Mendota Hgts.	MN	2:01:29	7:50
17	Chris Toepfen	45	M	Chicago	IL	2:01:56	7:52
18	Anthony Lushanko	32	M	Forest Lake	MN	2:02:03	7:52
19	Chris Brown	34	M	Garfield	MN	2:02:32	7:54
20	Douglas Wiesner	50	M	Eden Prairie	MN	2:03:25	7:57
21	Mark Ahlers-Moore	42	M	Roseville	MN	2:03:37	7:58
22	Gary Zaugg	45	M	Apple Valley	MN	2:04:30	8:01
23	Shawn Pritchard	28	M	Lino Lakes	MN	2:04:33	8:02
24	Brian Davenport	33	M	Minneapolis	MN	2:05:15	8:04
25	Robert Williams	41	M	East Troy	WI	2:05:59	8:07
26	John Homberg	36	M	Milwaukee	WI	2:06:17	8:08
27	Kenneth Hertz	47	M	Andover	MN	2:06:46	8:10
28	Marissa Yovetich	16	F	Andover	MN	2:09:35	8:21
29	Jacob Yurek	27	M	Silver Lake	MN	2:09:49	8:22
30	John Teske	34	M	Edina	MN	2:10:15	8:24
31	Derek Lindstrom	48	M	Woodbury	MN	2:10:21	8:24
32	Mike Wischmann	27	M	Woodbury	MN	2:10:21	8:24
33	Steven Bailey	29	M	Afton	MN	2:11:05	8:27
34	Bennett Henderson	18	M	Minneapolis	MN	2:12:01	8:31
35	John Barker	50	M	St. Paul	MN	2:12:02	8:31
36	Loren Jacot	49	M	Oakdale	MN	2:12:08	8:31
37	Lisa Trainor	48	F	Maple Grove	MN	2:12:23	8:32
38	Ron Byland	50	M	Eina	MN	2:12:37	8:33
39	Scott Sekelsky	38	M	River Falls	WI	2:12:44	8:33
40	Heather Curnutt	34	F	Madison	WI	2:12:53	8:34
41	Jesse Turner	38	M	Elgin	IL	2:13:05	8:35
42	Kari Brown	30	F	Garfield	MN	2:13:09	8:35

43	Jeff Hathaway	40	M	Woodbury	MN	2:13:27	8:36
44	Darrick Proehl	25	M	Mapleton	MN	2:13:51	8:38
45	David Nagorney	58	M	Rochester	MN	2:14:09	8:39
46	Patrick Hessini	41	M	North Oaks	MN	2:14:22	8:40
47	Mark Flaherty	36	M	Marquette	MI	2:15:02	8:42
48	Simon Schaefer	35	M	Burnsville	MN	2:15:08	8:43
49	Dan Worley	35	M	Minneapolis	MN	2:15:39	8:45
50	Anne Mills	24	F	St. Paul	MN	2:16:01	8:46
51	Mark Brose	40	M	Minneapolis	MN	2:16:16	8:47
52	Eric Skytte	40	M	Plymouth	MN	2:16:46	8:49
53	C Mitchell	33	F	St. Paul	MN	2:16:52	8:49
54	Keith Gorden	41	M	Woodbury	MN	2:16:58	8:50
55	Eric Johnson	42	M	Minnetonka	MN	2:17:38	8:52
56	Christopher Morris	29	M	St. Louis Park	MN	2:17:50	8:53
57	Corey McClay	25	F	Minneapolis	MN	2:17:50	8:53
58	Stephen Gaffield	41	M	Madison	WI	2:18:44	8:56
59	Deb Thomford	50	F	Zumbrota	MN	2:18:48	8:57
60	Dave Horan	46	M	Edina	MN	2:19:02	8:58
61	Michelle Horan	43	F	Edina	MN	2:19:04	8:58
62	Claude Forshier	56	F	Mahtomedi	MN	2:19:59	9:01
63	Tom Hawkins	44	M	Madison Lake	MN	2:20:06	9:02
64	Mitchell Forsyth	39	M	Lakeville	MN	2:21:14	9:06
65	Benjamin Deneen	32	M	Stillwater	MN	2:21:31	9:07
66	Shane Zindel	38	M	Roseville	MN	2:23:03	9:13
67	Tim Larson	47	M	Circle Pines	MN	2:23:07	9:13
68	Ross Jilk	43	M	River Falls	WI	2:23:37	9:15
69	Meg Schissel	48	F	Eden Prairie	MN	2:24:24	9:18
70	Matt Sizer	31	M	North Mankato	MN	2:25:23	9:22
71	Keith Krone	30	M	St. Paul	MN	2:26:50	9:28
72	Robert Litchy	39	M	Stillwater	MN	2:26:54	9:28
73	Joel Van Heyst	36	M	St. Paul	MN	2:27:18	9:30
74	Anthony Olson	39	M	Northfield	MN	2:28:04	9:33
75	David Harm	31	M	St. Paul	MN	2:28:20	9:34
76	David Deming	48	M	Afton	MN	2:28:32	9:34
77	Dan Goldblatt	53	M	Edina	MN	2:28:43	9:35
78	Bill Parker	40	M	Hastings	MN	2:29:25	9:38
79	Nathan Delgado	27	M	Minneapolis	MN	2:29:57	9:40
80	John Kendrick	49	M	St. Paul	MN	2:29:58	9:40
81	Mara Stewart	16	F	Woodbury	MN	2:30:18	9:41
82	Jason Mrozek	31	M	Minneapolis	MN	2:30:31	9:42
83	Melanie Guettler	34	F	St. Paul	MN	2:31:04	9:44
84	James Mueller	40	M	St. Paul	MN	2:31:24	9:45
85	Dean Christensen	58	M	Northfield	MN	2:31:31	9:46
86	Ali Hariri	44	M	Maple Grove	MN	2:31:37	9:46
87	Mary Ross	41	F	St. Paul	MN	2:31:40	9:46
88	Annie Jung	48	F	St. Paul	MN	2:31:54	9:47
89	Julie Van Heyst	33	F	St. Paul	MN	2:31:57	9:48
90	Bryan See	48	M	Eden Prairie	MN	2:32:02	9:48
91	Sherren Clark	47	F	Madison	WI	2:33:42	9:54
92	Michel Michno	45	M	Minneapolis	MN	2:34:01	9:56
93	Andrea Vollrath	27	F	Woodbury	MN	2:34:01	9:56
94	Brooks Helget	36	M	Cokato	MN	2:34:04	9:56

95	Jennifer Dalseth	34	F	Apple Valley	MN	2:34:07	9:56
96	Jessica Coulter	26	F	Hopkins	MN	2:34:38	9:58
97	Patrick Brunner	41	M	Chanhassen	MN	2:34:44	9:58
98	Chad Macheel	30	M	Bemidji	MN	2:34:47	9:58
99	Brian Mastel	34	M	Minneapolis	MN	2:35:13	10:00
100	Neil Soltis	54	M	Osceola	WI	2:36:10	10:04
101	Phillip Bidon	41	M	Oak Park Hgts	MN	2:36:18	10:04
102	Travis Brenden	35	M	Rogers	MN	2:37:02	10:07
103	Bruce Lemmons	42	M	Minneapolis	MN	2:37:25	10:09
104	James Walker	51	M	Eagan	MN	2:37:54	10:11
105	Paul Marzynski	47	M	Maple Grove	MN	2:38:06	10:11
106	Mark Larson	43	M	Mounds View	MN	2:38:10	10:12
107	Shannon Lorbiecki	43	F	Lake Elmo	MN	2:38:37	10:13
108	Jim Enge	52	M	Minneapolis	MN	2:38:39	10:13
109	Tiffany Lindstrom	35	M	Woodbury	MN	2:38:40	10:14
110	Brian Smrdel	39	M	White Bear Lk.	MN	2:38:49	10:14
111	Ross McLean	48	M	Woodbury	MN	2:38:57	10:15
112	Andy Hart	44	M	Elgin	MN	2:39:07	10:15
113	John Paisley	54	M	Falcon Hgts.	MN	2:39:19	10:16
114	Les Claypool	50	M	San Francisco	CA	2:39:22	10:16
115	Aaron Jacobson	28	M	Bloomington	MN	2:39:26	10:16
116	Geust Sylvester	55	M	St. Paul	MN	2:39:35	10:17
117	Steve Mays	39	M	Savage	MN	2:39:50	10:18
118	Kevin Ivens	48	M	Champlin	MN	2:39:51	10:18
119	Mike Hooley	53	M	Stillwater	MN	2:39:54	10:18
120	Michael Anderson	48	M	Eden Prairie	MN	2:40:59	10:22
121	Dan Valentine	49	M	Winona	MN	2:41:28	10:24
122	Stephanie Skwiers	26	F	Mounds View	MN	2:41:52	10:26
123	Katy Fraser	30	F	Minneapolis	MN	2:42:01	10:26
124	Kent Kelderman	48	M	Ankern	IA	2:42:08	10:27
125	Martin Coleman	40	M	Woodbury	MN	2:42:30	10:28
126	Steve Lamson	51	M	Oakdale	MN	2:43:11	10:31
127	Pete Peter	50	M	Chanhassen	MN	2:43:19	10:31
128	Katie Anderson	29	F	St. Paul	MN	2:43:41	10:33
129	Jean Hougom	44	F	LaCrosse	WI	2:44:17	10:35
130	Gay Eggers	49	F	Northfield	MN	2:44:27	10:36
131	Erin Willis	42	F	Woodbury	MN	2:44:33	10:36
132	Jennifer Penn	37	F	St. Paul	MN	2:44:35	10:36
133	David Shannon	50	M	Shoreview	MN	2:45:01	10:38
134	Jeff Zimmerman	39	M	St. Louis Park	MN	2:45:22	10:39
135	JAN O'BRIEN	48	F	Minneapolis	MN	2:46:16	10:43
136	Marlo Peterson	42	M	Savage	MN	2:47:06	10:46
137	Clay Diggins	47	M	Afton	MN	2:47:17	10:47
138	Patrick Giguere	49	M	Plymouth	MN	2:47:18	10:47
139	David Zimmerman	39	M	White Bear LK	MN	2:47:19	10:47
140	Curt Johnston	48	M	Northfield	MN	2:48:35	10:52
141	Daniel Voje	58	M	Minneapolis	MN	2:48:44	10:52
142	Jeanine Huebner	48	F	San Marcos	CA	2:49:16	10:54
143	Joshua Brown	32	M	Plymouth	MN	2:49:53	10:57
144	Rick Hoffman	43	M	Lake Elmo	MN	2:49:56	10:57
145	John Simpson	31	M	Minneapolis	MN	2:50:06	10:58
146	Tony Chasenshy	49	M	St. Paul	MN	2:50:28	10:59

147	Deb Diggins	47	F	Afton	MN	2:50:45	11:00
148	Kate Leis	31	F	Delano	MN	2:50:47	11:00
149	Ron Schwartz	44	M	St. Paul	MN	2:50:49	11:00
150	Kate Cortis	30	F	Minneapolis	MN	2:50:50	11:01
151	Jeff Erickson	52	M	St. Paul	MN	2:51:06	11:02
152	David Majeski	60	M	Stillwater	MN	2:51:14	11:02
153	Melinda Olson	32	F	Richfield	MN	2:51:15	11:02
154	Mary Maas	50	F	Sleepy Eye	MN	2:51:17	11:02
155	Chris Amley	55	M	Woodbury	MN	2:52:09	11:06
156	John Ellingson	44	M	Minnetonka	MN	2:52:11	11:06
157	Dave Swanson	42	M	Woodbury	MN	2:52:53	11:08
158	Jill Mastel	32	F	St. Paul	MN	2:53:24	11:10
159	Ross Jacobson	42	M	Cottage Grove	MN	2:53:58	11:13
160	Steve Geronime	49	M	Cottage Grove	MN	2:54:15	11:14
161	Laurie Sugiarto	41	F	Minneapolis	MN	2:54:22	11:14
162	Pete Anderson	41	M	Mound	MN	2:54:30	11:15
163	Michael Groh	52	M	Rosemount	MN	2:54:43	11:16
164	Deb Robinson	51	F	Shorewood	MN	2:54:48	11:16
165	Kate Lewis	40	F	Woodbury	MN	2:55:00	11:17
166	Eric Levinson	43	M	Woodbury	MN	2:55:02	11:17
167	John Urbach	60	M	Minneapolis	MN	2:55:54	11:20
168	Brian Clark	38	M	Maple Grove	MN	2:56:07	11:21
169	Bryan Jacobson	33	M	Minneapolis	MN	2:56:12	11:21
170	Mathew Oelrich	35	M	Mahtomedi	MN	2:56:48	11:24
171	Judy Crosson	40	F	Chandler	AZ	2:56:57	11:24
172	Matt Leis	36	M	Delano	MN	2:57:56	11:28
173	Scott Hopkins	27	M	Oakdale	MN	2:58:07	11:29
174	Meghann Schmidt	29	F	Minneapolis	MN	2:58:21	11:30
175	Dan Hansen	53	M	Brooklyn Ctr.	MN	2:59:28	11:34
176	Debra Stickney	47	F	Woodbury	MN	2:59:43	11:35
177	Gwendolyn Freed	44	F	Edina	MN	2:59:44	11:35
178	Jeff Oland	50	M	Nya	MN	2:59:47	11:35
179	Carol Zazubek	59	F	Bloomington	MN	2:59:54	11:36
180	Callie Knoblauch	38	F	St. Louis Park	MN	3:00:20	11:37
181	Matt Schumacher	44	M	Robbinsdale	MN	3:00:25	11:38
182	John Weber	52	M	Mahtomedi	MN	3:00:39	11:38
183	Pamela Wright	36	F	Hudson	WI	3:00:40	11:38
184	Katie Knoblauch	30	F	Minneapolis	MN	3:01:04	11:40
185	Barb Verhamme	51	F	Munising	MI	3:02:36	11:46
186	Steve Greseth	54	M	Rochester	MN	3:03:02	11:48
187	Jeni Breidenbach	35	F	St. Louis Park	MN	3:03:03	11:48
188	Sean Gibbs	42	M	Andover	MN	3:03:05	11:48
189	Scott Anderson	35	M	Fairfax	VA	3:03:21	11:49
190	Leah Tollefson	20	F	Cottage Grove	MN	3:03:35	11:50
191	James Johnson	44	M	Hudson	WI	3:05:06	11:56
192	Mary Luoma	47	F	Maple Grove	MN	3:05:08	11:56
193	Stephen Paladie	65	M	Bloomington	MN	3:05:19	11:56
194	Wayne Nelson	42	M	Rochester	MN	3:06:16	12:00
195	Liz Stejskal	51	F	N. St. Paul	MN	3:06:18	12:00
196	Tim Whisler	53	M	N. St. Paul	MN	3:06:32	12:01
197	Richard Ross	56	M	Hamel	NN	3:06:39	12:02
198	Kathleen Schmitt	61	F	Woodbury	MN	3:06:41	12:02

199	Scott Greseth	39	M	St. Paul	MN	3:06:53	12:03
200	Nara Topp	39	F	St. Paul	MN	3:07:23	12:04
201	Steve Mahon	46	M	Stillwater	MN	3:07:24	12:05
202	Mike Madden	52	M	Stillwater	MN	3:09:23	12:12
203	Marise Widmer	48	F	St. Paul	MN	3:09:35	12:13
204	Richard Samoska	39	M	Woodbury	CT	3:09:58	12:14
205	Ilene Carpenter	46	F	Maplewood	MN	3:11:03	12:19
206	Ron Loveland	45	M	Afton	MN	3:11:11	12:19
207	Diane Lang	46	F	Burnsville	MN	3:11:24	12:20
208	Gary McGowan	53	M	Forest Park	IL	3:11:51	12:22
209	Weston Jorde	39	M	St. Paul	MN	3:11:58	12:22
210	William Steinberg	39	M	Coon Rapids	MN	3:12:31	12:24
211	Mitchell Spano	17	M	Woodbury	MN	3:14:48	12:33
212	Alison Spano	30	F	Columbia Hgts.	MN	3:14:49	12:33
213	John Lamosse	51	M	Minneapolis	MN	3:15:20	12:35
214	Amy Carolan	26	F	MarineStCroix	MN	3:15:28	12:36
215	Carolyn Schlaefer	43	F	Lakeville	MN	3:16:24	12:39
216	Amy Knoke	39	F	Hudson	WI	3:16:27	12:39
217	Erin Metoxen	39	F	Apple Valley	MN	3:16:33	12:40
218	Jeanne Milewski	49	F	Spring Lake Pk.	MN	3:17:45	12:45
219	Lisa Ann Smith	36	F	Maplewood	MN	3:18:06	12:46
220	Laurel Tollefson	56	M	Cottage Grove	MN	3:19:39	12:52
221	Jenny Luoma	20	F	Maple Grove	MN	3:22:54	13:04
222	Candy Patrin	60	F	MarineStCroix	MN	3:23:51	13:08
223	Tiffany Pelanek	36	F	Madison	WI	3:24:30	13:11
224	Jessie Diggins	16	F	Afton	MN	3:25:20	13:14
225	Tammy Turner	37	F	Elgin	IL	3:25:51	13:16
226	Stephanie Byland	35	M	Edina	MN	3:28:37	13:26
227	Martie James	39	F	St. Paul	MN	3:28:44	13:27
228	Jennie Geisler	45	F	Newport	MN	3:28:50	13:27
229	Amy O'Laughlin	33	F	Minneapolis	MN	3:28:52	13:27
230	Kelly Doyle	47	F	Edina	MN	3:30:42	13:35
231	Rick Luther	54	M	St. Louis Park	MN	3:32:54	13:43
232	Jennifer Neville	30	F	Minneapolis	MN	3:33:50	13:47
233	Vicky Begalle	51	F	Escanaba	MI	3:34:01	13:47
234	Jeanne Labore	57	F	Minneapolis	MN	3:34:09	13:48
235	Ann Davenport	32	F	Minneapolis	MN	3:34:27	13:49
236	Kari Kennedy	40	F	Lewisville	TX	3:34:47	13:50
237	Angela McLean	41	F	Woodbury	MN	3:41:21	14:16
238	Benjamin Singer	16	M	Prior Lake	MN	3:43:10	14:23
239	Kate Singer	49	F	Prior Lake	MN	3:43:11	14:23
240	William Schmidtbaue	37	M	Brooklyn Park	MN	3:45:06	14:30
241	Kent Spellmen	56	M	Albert Lea	MN	3:45:29	14:32
242	Thomas Peterson	56	M	Apple Valley	MN	3:48:45	14:44
243	Paul Peterson	28	M	Maplewood	MN	3:48:46	14:44
244	Janelle Jurek	43	F	Edina	MN	3:48:57	14:45
245	Eric Philipp	37	M	Apple Valley	MN	3:49:29	14:47
246	Amanda Martin	31	F	Woodbury	MN	3:50:23	14:51
247	Lance Witter	41	M	Plymouth	MN	3:56:35	15:15
248	Cynthia Martisko	46	F	Prior Lake	MN	3:56:55	15:16
249	Pam Albin	51	F	Maplewood	MN	4:04:33	15:45
250	Bruce Brothers	61	M	St. Paul	MN	4:04:33	15:45

251	Frannie Becquer	36	F	Golden Valley	MN	4:07:58	15:59
252	Ann Albertson	47	F	Deephaven	MN	4:11:00	16:10
253	Pamela Mund	60	F	Maplewood	NN	4:11:31	16:12
254	Jennifer Salland	36	F	Plymouth	MN	4:15:18	16:27
255	Pat Gottschalk	60	F	New Ulm	MN	4:24:55	17:04
256	Joseph Obrien	51	M	Minneapolis	MN	4:31:03	17:28
257	Loren Albin	56	M	Maplewood	MN	4:43:00	18:14
258	Angel Luther	49	F	St. Louis Park	MN	4:43:01	18:14
259	Mojgan Ashraf	40	F	Maple Grove	MN	4:55:09	19:01
260	Amy Prochniak	31	F	Apple Valley	MN	5:01:12	19:24
261	Ann Marie Sunderlan	40	F	Apple Valley	MN	5:01:12	19:24
262	James Shipley	37	M	Minneapolis	MN	5:13:33	20:12